

Oralift –

The Solution to Every Problem?

Dr Nick Mohindra answers your questions to show the wide-ranging benefits of his product, the Oralift



Q Are there any non-invasive treatments to plump lips other than fillers? I had filler injections last year, but they were very painful and I don't want to go through that again. A friend suggested implants but I am afraid of something going wrong.

A One of the methods dentists use to make lips fuller is to widen the arch of the teeth with veneers or orthodontics, known as a 'smile lift'. By giving more support to the lips, the lips can look fuller. The ADD Dentalfacelift® works in a similar way. Not only can the arch be made wider, but the lower facial height can be increased by increasing the length of the teeth.

The Oralift device has been found to assist with thinning lips as well. The lips can thin for a variety of reasons, from lack of support inside the mouth (tooth wear/loss), sagging



This patient's lips have been plumped significantly by Oralift.



The Oralift effect on this patient has taken away the tired look, and restored the youthful contours.

tissues of the face and thinning of the muscles around the mouth. As the Oralift works on the principles of exercise, it can plump up these muscles, resulting in fuller lips.

Q I have very heavy jowls. I don't want to have surgery but it is really getting me down. What can I do?

A Surgery is perhaps the best option for heavy jowls, but it is worth trying an Oralift device first. This device can lift the tissues of the face and restores lost lower facial height. Although this area is harder to tighten, the Oralift often addresses saggy jowls and helps re-define the jawline.

The results of the Oralift treatment are individual. Even when the results on the jowls are subtle, the effect on the whole face may be quite significant. At the end of the day, we don't all want to look like 20 year olds, but we want to look good for our age, which is what this treatment

is about. The Oralift can help you to look better, and keep you looking better for years to come. The longest case study we have is a patient after ten years, and we feel she looks much better now than when she started.

Q I feel like my face has a permanently miserable expression. How can I rectify this? I don't feel I am quite ready to go down the surgical route.

A A tired and miserable expression can occur as we age, even though we are perfectly happy on the inside. What is commonly referred to as the 'ageing triangle' happens: the eyes, tip of the nose and corners of the mouth droop, our skin sags, frown lines develop and we lose lower facial height.

A headmistress came to us once with the complaint that she always looks like a headmistress – grumpy and authoritative! The answer for her was to restore her lower facial height with the ADD

*Reverse the
signs of ageing...
without knives or
needles*



Oralift[®]

www.oralift.com 0207 636 9978

Dentalfacelift. Similar results can also be achieved with Oralift.

Surgery will smooth the skin and lift the face – reversing the ageing triangle. The only thing that surgery is yet to restore is the vitality and sparkle to the eyes. If a patient chooses to undergo surgery, use of Oralift is also recommended to avoid an unnatural look.

Oralift can lift the tissues of the face and makes one look brighter, happier and healthier. The reason the Oralift is called facial rejuvenation is because it can do exactly that, take away your grumpy expression and replace it with a rejuvenated version of your former self! Long-term use of the Oralift can help to maintain this look.

Q I had a facelift four years ago, but I still feel that I look tired, and older than my years. I've looked into Botox and other treatments, but none seem to offer exactly what I'm looking for. Is there anything else I can try to give me back that youthful glow?

A The answer is to try an Oralift. As we age, the muscles and tissues of our face droop, resulting in our eyes, nose and corners of our mouth turning down. This can give us a sad, tired and grumpy expression.



This patient's square face has been restored to a more oval shape by using Oralift

While a facelift smoothes skin and lifts the face, it cannot plump the cheeks without investing in other treatments such as dermal fillers and silicon implants. Restoring the youthful contours of the face should be the main aim of cosmetic medicine.

In addition, the tired look is the effect of ageing on the eyes. The eyes seem to lose their vitality as we age. An Oralift device works on the muscles and soft tissues of the face, and assists the tissues to lift and restore a more youthful expression. The effect on the eyes can be significant. Janan Harb, wife of the late King of Saudi Arabia, said "this treatment has given me back my youthful look and restored the vitality to my face".

The areas mentioned above can lift, and the skin can become brighter and more radiant. After a facelift, the tissue will start to deteriorate again. The Oralift

treatment could slow down this process, and the need for further surgery may be avoided.

Q This probably sounds silly, but I think my jaw is getting squarer as I get older. I hate it, but my doctor tells me that, short of shaving off the bones, there is nothing to be done about it. Is this true?

A It doesn't sound silly at all, this is a common sign of ageing! Your jaw becomes squarer as you get older because as our teeth wear, we over close just a little bit more and more as the years pass. Also, if you clench or grind your teeth, this is accelerated because your masseter (the main muscle of your jaw responsible for chewing) is overworked.

Oralift can help to re-train your muscles by relaxing and letting your jaw sit in a lower position, and may also help reduce clenching and grinding. This can transform your face from a square shape to a more oval shape as it probably once was.

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Available from: For more information about Dr Mohindra, the Oralift Device and the Dental Facelift, go to www.oralift.com or www.dentalfacelift.com or call 020 7636 9978



This patient has used the Oralift appliance for only four months, and is already looking much brighter.